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# Free ABA Interventions Checklist for Autism Clients

#### **Program Setup**

- 🔲 Identify client and gather intake information
- □ Assign a certified ABA therapist or behavioral specialist
- Review previous evaluations or diagnoses (if any)

#### Assessment & Goal Setting

- □ Conduct a functional behavior assessment (FBA)
- Establish measurable behavioral goals
- Develop a baseline for current skills and behaviors

#### **Intervention Planning**

- □ Select appropriate ABA techniques for autism
- Create a personalized ABA program for autism
- ☐ Ensure ethical and culturally sensitive interventions

## **Implementation**

- Begin 1:1 ABA therapy sessions
- Apply consistent reinforcement strategies
- ☐ Incorporate task analysis and behavior modification techniques
- Adapt program based on ongoing observations

## **Progress Monitoring**

- □ Track behavioral progress weekly
- $\square$  Update goals as needed based on data
- Review session notes and charts regularly

## Family & Team Collaboration

- □ Hold regular meetings with family members
- ☐ Train parents/caregivers using ABA strategies for autism

View our website for more helpful guides:
https://casemanagementhub.org/